

“I started seeing Dr. Barbour for headaches and low back pain. Since receiving treatment, my headaches have stopped and I do get temporary relief for my back.” D.J.



**Center for Progressive Health & Wellness**  
**The Next Step • Rehabilitation Specialists**

# Success Story



## Deborah Duchene

**In late September of 2015, I tripped outside and fell in the neighbor's driveway hitting the back of my head on his Jeep bumper on the way down before landing.**

**I was walking our dog, Paige-a basset hound, at the time.**

**I felt the back of my head with my hand and it was covered in blood. I thought to myself, Deb, you really did it this time. Little did I know that Paige had gone to the neighbors and got help. 911 was called and I was on my way to the hospital. There, I got six staples and two stitches and the head wound would not stop.**

**After eight hours, my brother was able to drive me home.**

**I had very bad dizziness and headaches for two months. I went to my family doctor and eye doctor.**

**The family doctor wanted to prescribe pills and the eye doctor said nothing was wrong. I talked with my sister-in-law, Sherry Cunningham, and she suggested that I see Dr. Barbour. I thought why not, nothing else is working. I was so happy when I did. The headaches were gone within one visit and the dizziness after five treatments. I am finally feeling like myself again.**

**I would recommend Rehabilitation Specialists of Monroe to anyone. Everyone that helped me are lifesavers and I would say, "Thank you", from the bottom of my heart. Everyone there is very helpful and understanding. I don't know what kind of shape I would be in if it wasn't for your help.**

*Deborah J Duchene*

**May 3, 2016**

975 S. Monroe St., Suite C • Monroe, Michigan 48161  
(734)241-0560 • Fax: (734)241-3230  
[www.mindbodyandmotion.com](http://www.mindbodyandmotion.com)



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## Success Story



**Karen J. White**

**I have had a history of migraines for years. Dr. Steppe has helped me so much. She suggested I do therapy on my neck, which helped a lot and I learned ways to strengthen muscles and relax them. I always feel better after her adjustments, not like hard adjustments that cause severe soreness.**

**My bones seem to stay in longer and better than ever before.**

**I am now able to come once every two months, instead of monthly.**

**I am truly grateful to have found her and feel I could not have found a D.O. who can adjust my head like she can. Keep the good work up.**

**I am very grateful for your expertise.**

*Karen J White*

**February 29, 2016**

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## Success Story



**Crystal Baltrip**

**Hello, my name is Crystal Baltrip. I absolutely love Center for Progressive Health & Wellness. Noel, thank you so much; you have made me feel like a “normal” person again with the physical therapy and water physical therapy. I had a migraine for two days straight and tried meds, everything. Saw Noel today and in ten minutes, migraine gone!! Thank you Barb too...**

**Everyone here, thank you so much.**

**From the ladies at the front desk to nurses, thank you.**

*Crystal Baltrip*

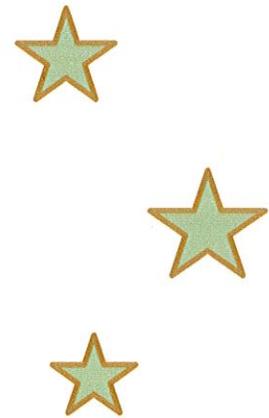
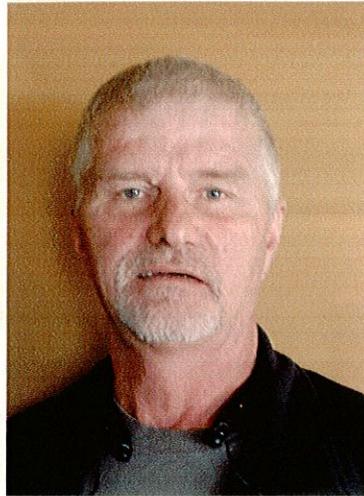
April 7, 2016

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## Success Story



John Holloway

**I have had neck pain for 10 years.  
I have had headaches every day. Noel is treating me.  
What a difference I feel. Fantastic all the time.  
It's amazing not to have headaches all the time.**

*John A. Holloway*

April 6, 2016

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Alice M. Brown

November 24, 2015

Dear Dr. Barbour:

This letter of thanks is long overdue, but I was waiting for your help to plateau and not continue to increase my physical abilities greatly increasing my quality of life, all while decreasing my pain from headaches, herniated disks, and multiple joint injuries. I am still getting better even though I am 17 years out from the accident and a senior by chronologic age.

My life changed forever December 4, 1998 when I was hit head on by a car passing a truck that just pulled out in front of him. The driver had a choice of running into a 6 foot ditch (on either side of the road), hitting the back of the truck, or take a chance there was no one in the other lane. He chose the latter, which I understand but deeply regret, as does my body.



My Car



My Foot was reconstructed.

As you can see the Jaws of Life were needed to extricate me. My knees were crushed by firewall; hands broke the steering wheel as I saw it coming so I braced myself on it while standing on the brakes. Do to the angle of women's leg and foot; women tend to crush their ankles, as I did, vs. men who break the bones of the lower leg as did he which heals better than the foot. Foot reconstruction was required as you can see in the photo.

Thanks to my surgeons, physical therapists and now, Dr. Barbour I am able to walk, though still use wheelchair or scooter for long stretches or on bad days, have many less headaches, less hand and arm pain, and have a greatly improved my quality of life. I am now almost able to keep up with my 6 year old grandson and amazing hubby.

Thank you for my new lease on life, improved mobility and hope to continue to improve.

*Alice*



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## Success Story



### Tracy Cools

I'm 44 years old and I have suffered from severe migraines and other headaches for literally half my life (since a car accident at age 22). I've tried everything to ease the pain -- from chiropractors, to injections, acupressure/acupuncture, and manual manipulation -- still I had maybe four days a month without a headache. After researching Botox, I asked Dr Barbour about it and he referred me to Dr Abou-Chakra for the Botox injections. That was about five weeks ago, and I haven't had a single migraine or any other type of headache since! I'm now able to participate in things with my family instead of sleeping while they're gone. I finally have my life back! I feel absolutely AMAZING! Dr Abou-Chakra gave me my life back -- how do you say thank you for that?! I guess just by saying Thank You, and hope that my story helps other people considering Botox for migraines. Trust me -- you won't regret it! Thank you, Dr A.C. and the caring and helpful medical assistants! I'm so grateful to be a patient here!

*Tracy Cools*

April 10, 2014

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## Success Story



Diane Bryant

**My treatment for cervical, neck, and back pain has been excellent. My medical team, consisting of Dr Barbour, Dr Bruce Diven, and his assistant Sally, has helped my pain subside.**

**My strength and flexibility has improved with Dr Diven's personalized treatment plan. I am enjoying my life again.**

**My message to Rehabilitation Specialists is:  
Thank you for your expertise and compassion!**

April 4, 2014

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

Mandi, my 8 year old, was constantly complaining daily of headaches. After on visit for the healing circle, she stopped. ~~am~~ I was so amazed by this and told everyone. Thank you all for the help with this. We look forward to coming to healing circles. He is the most

---

Signature Shannon Lynn Printed Name Shannon Date 10-7-13

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

Noel, made my headaches go away faster, than me taking a nap or meds, today. Now, I know where to come to get ~~a~~ my headache gone.

---

Signature

*Noel*

Date

7-24-13

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



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## SUCCESS STORY

Please write, in your own words, what your success here has been:

Noel - Therapist I WAS SEEN ON 7/15/13 HAD  
MAJOR HEADACHE BY THE END OF VISIT ALL TENSIONS  
IN MY HEAD WAS GONE, ALMOST LIKE MAGIC  
RECOMMENDED VERY HIGHLY

---

Signature

Date

7/15/13

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

I get very bad headaches  
& everytime I come in  
with a headache Noel  
helps get rid of it. He  
has helped a number  
of times!

Sally also helps ease  
pain & warm the sore  
spots with heat treatment?

Jim works very hard  
to get rid of my pain!

---

Signature

*Robin A. Lot*

Date

*4/16/13*

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

In early February 2013 I was suffering from a tension headache. The methods I had used previously had failed & was referred to the Center for Progressive Health and Wellness. My physician there was Dr. Marguerite Jurkovic. I immediately began to improve through her use of acupuncture, as well as the manual manipulation of pressure points and deep therapy massage. After my four wks. of working with "Dr. J," and ~~then~~ with their physical therapist, I am pain free and I have a greater range of motion of both my neck and arms - surpassing anything I've been able to do in decades.



# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

I HAD POOL THERAPY WITH DR. BARBOW AND HIS ASSOCIATE. IT WAS MY VERY FIRST VISIT. I HAD AN ACCIDENT IN OCTOBER 2010. IN THAT ACCIDENT I RECEIVED A CLOSED HEAD INJURY AND A LOT OF SPINAL DAMAGE FROM MY CERVICAL TO LUMBAR. I HAVE HAD HEADACHES EVERY NIGHT AND DAY SINCE MY ACCIDENT. AFTER MY VISIT I WAS IN SHOCK IT WAS THE FIRST TIME THAT I DIDN'T HAVE A HEADACHE. IT ACTUALLY LASTED FOR 2 DAYS. I AM SO HAPPY. I CANNOT WAIT AND SEE WHAT OTHER MAGIC DR. BARBOW HAS FOR ME. TRULY THE BEST 2 DAYS IN THE LAST 2 YEARS.

Signature

Carol R. Jones

Date

3/13/13

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been: March 5, 2001

I was hit by a semi Truck. I was having problems that I don't know why. I was sent to Dr. Barbour after test and treatments. He found I have a head injury, remembering neck, walking, hands, sense, mirages and just, oh, daily living with your patience, listening, treatment and caring helped me when I saw no hope. You, Dr. Steppé and PT staff have angel hands and blessed I will live in pain the rest of my life. But with all your help and treatments you help to keep the pain down so I can function. You all our caring and all your blessed touch touches my heart and soul. You guys are my angels. Thank you Bunches!!  
Also messages, HotTubs,

Signature Rena Sanford

Date 2-28-13

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

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### SUCCESS STORY

Please write, in your own words, what your success here has been:

I was treated by Dr. Barbour & Karen for a few weekends from May-Nov. I live in WA state & was fortunate not only to have medical treatments but to take the seminar courses Dr. Barbour offers.

The treatments were amazing! Before the treatments, I had a knot on my head about half the size of a golf ball - it had been there all of my life. My treatment consisted of manual therapy; cranial therapy, in and out of the water.

The end result has been life changing. Prior to treatment my thoughts & emotions were caught in a negative pattern. They were worrisome and were stuck in a pattern of fearful thoughts playing over & over. I felt obsessive & depressed. I also had right shoulder pain and left hip pain - I could not do what I wanted to do, it hurt that much.

Miraculously, the knot on my head decreased over three-fourths of its size - The pain was gone & has been gone since August 2012. The most subtle changes have been with my thoughts & feelings. Those repetitive fearful thoughts come far & few between. I feel happier - stronger and more centered - more solid. I can breathe better & have tolerated our dark winters in WA better than before. I am so grateful to Dr. Barbour & Karen & the Center for this help.

Signature Rosyn MacDonald Date Feb. 9, 2013

May we reproduce and display your experience?  Yes  No  
May we use your name with it?  Yes  No



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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

First visit Dr. Barbours & Tim helped  
my neck & head pain by 60%. Very  
good I have scoliosis and have  
dealt with severe muscle pain for  
years. Thank you so much. ☺

---

Signature Meredith Hubbell Date 1-9-13

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

I HAD HEADACHES ALL THE TIME  
LATELY, DR BARBOUR SUGGESTED  
MOLD MIX DROPS #1. THEY  
HAVE SUBSIDED WITHIN HIS  
FIRST MONTH YOUR HEADACHES

Signature

Ronald Perry

Date

12/6/12

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



Center for Progressive Health & Wellness

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### SUCCESS STORY

Please write, in your own words, what your success here has been:

I had constant headache from a neck injury.  
Now I'm headache free for the first  
time in 2 years!



Center for Progressive Health & Wellness

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### SUCCESS STORY

Please write, in your own words, what your success here has been:

After a few sessions w/ Dr. J &

Noel I am able to move my  
neck more freely & my headaches  
are gone!! 😊

---



# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been: I saw Dr. B. for the first time during healing circle, for years I have had problems with my neck and headaches. The morning after healing circle I woke up with more rotation in my neck than I have had in more than 10 years and for the first time in months I woke up headache free!! Thank You Dr. B. and Sherry!

Signature Amanda Barber Date 10/18/12

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

For three months I had a non-stop headache with neck pain, lower back pain.

with treatment from Dr. J, the PT and MMT staff after 6 weeks I am 95% Pain free and improving.

Thanks to all that have participated in my treatment.

Signature

*Terry R...*

Date

09-19-2012

# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

"My headaches have really improved" "I'm able to exercise and do so much more now"

---

Signature

Date

12-21-11

May we reproduce and display your experience?  Yes  No



# Center for Progressive Health & Wellness

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### SUCCESS STORY

Please write, in your own words, what your success here has been:

My migraines are gone! Felt relief the first time I had a treatment with Dr. B, and by my third treatment my migraines were gone completely.

I had neurologist, sleep lab, cardiologist at UofM that couldn't help with pain, other than with medicine that made me sleep almost 20 hrs a day!

Now I have no migraines and have my life back, thanks to Karren and Dr. Barbour. Thank you!

---

Signature Marian Eberle-Hayner Date 12-14-11

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

When I first started therapy, my life was in disarray. - visual disturbances, migraines, overall body soreness, fatigue. I was having a difficult time with functioning in day to day functions. After three and a half months of manual therapy, my symptoms have disappeared. I feel as though my life and energy has returned back to what it was prior to the onset of symptoms. Therapy was relaxing and educational in learning how this process was helping my body and seeing how it impacted and improved how I felt was astounding. Thank you to my therapist Jim for assisting me to get through this. ~~me~~

Signature Julia H Date 3/24/11

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

REHABILITATION SPECIALIALISTS OF MONROE, P.C.

Keith R. Barbour, D.O., F.A.A.P.M.R

876 Stewart Rd. - Suite D

Monroe, Michigan 48162-4226

Ph: 734-241-0560 Fax: 734-241-3230

SUCCESS STORY

Please write, in your own words, what your success here has been:

FACTS:

CHRONIC HEADPAIN CAUSED BY MIGRAINES SINCE 1974  
GROUP OF TRIGGERS ASSOCIATED W/ MUSCULAR TENSION ON  
RIGHT SIDE OF HEAD. THIS WOULD INCLUDE STRESS, LACK  
OF SUFFICIENT REST, PHYSICAL EXERTION, & NECK EXERCISED.

TREATMENT:

CRANIAL MANIPULATION BY DR KEITH BARBOUR

ON 4/12/2002, 5/7/2002, 5/21/2002, 6/4/2002,

7/2/2002.

RESULTS -

COMPLETE CESSATION OF MIGRAINES TRIGGERED  
BY ANY CAUSES OTHER THAN SPECIFIC FOODS.

---

Signature and Date

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

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SUCCESS STORY

Please write, in your own words, what your success here has been:

From 2-20-03 to 2-25-03 I suffered from  
excruciating pain from headaches. So bad I was  
not sleeping or eating. Karen did a fantastic  
job of Cranial work on me. Felt a hundred  
times better walking out than walking in.  
Love those hands Karen they are  
really HEALING!

Love All you  
Here.

Signature and Date

*Bryette J. Yuss*

2-25-03

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

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SUCCESS STORY

Please write, in your own words, what your success here has been: *i had a headache for a day and 1/2 when i came in. i felt much better & it was gone when i left.*

---

Signature and Date *Gracy Mueller* 12/4/03

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

I had a bad headache for 2 days, and was very short of breath for a few days. Dr. Barbour treated me, and I had many releases! A couple were emotional releases, which I admit was hard to let go, at the risk of looking very silly. But I did. This man makes you feel so comfortable, and I know he is very knowledgeable, so what better person to help me let go!!

After the treatment my headache was gone, I had fuller, smoother breaths. I had such a burst of energy I thought I could run 5 miles. I felt a lot lift off my shoulders!

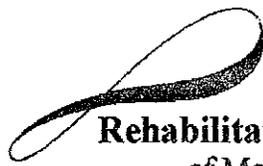
Thank You Dr. Barbour for the releases! Thank you for being you!!  
😊

---

Signature and Date Cheryl Miller Oct. 6, 2003

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



**Rehabilitation Specialists**  
of Monroe, P.C.

Keith R. Barbour, D.O., F.A.A.P.M.&R., F.A.O.C.R.M.  
Jagdish H. Karamchandani, M.D., P.T.  
876 Stewart Rd. Ste. D  
Monroe, Michigan 48162  
Phone: 734-241-0560 Fax: 734-241-3230

## SUCCESS STORY

Please write, in your own words, what your success here has been:

my headaches have gotten really better since  
I have been coming here.  
And my back doesn't hurt as much. And it goes  
away quicker if it does hurt.

---

Signature Jonathan McLaughlin Date 9-19-03

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

When I came to therapy today  
I had a severe headache,  
After therapy it was  
GONE



thank You so much.  
I really feel better & have  
more movement. *of*

---

Signature and Date *Darlene M. Primeau*

*12-08-03*

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

REHABILITATION SPECIALIALISTS OF MONROE, P.C.

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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

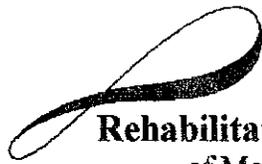
Yesterday 2-7-03 I recieved my first ~~adjustment~~ adjustment  
I woke everyday with a migraine that made me want  
to cry. I woke up the next day headache free and ready  
to start the day for the first time in over a year. Cheryl  
thank you I feel alive again and ready to face another  
day. Can't wait for my next visit.

---

Signature and Date Sherry Shotwell 2-8-03

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



**Rehabilitation Specialists  
of Monroe, P.C.**

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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

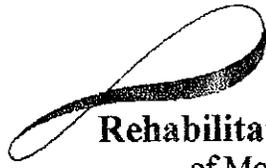
I've been suffering from numerous headaches recently. I was able to get in for therapy and feel much better after just one visit. I've seen Dr. B and various therapists over the past few years with great success, but today's visit was memorable. Many thanks to Dr. Barbour and his staff.

---

Signature One M Steed Date 4-02-03

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



**Rehabilitation Specialists  
of Monroe, P.C.**

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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

I went to therapy on 4/2/03 and I had a really bad headache on the left side of my head.

After Greg worked so hard, and he got rid of my headache, and when I left from therapy, I felt like a new person!

---

Signature Brenda Ellison Date 4-3-03

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

5



**Rehabilitation Specialists  
of Monroe, P.C.**

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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

I saw Dr. Barbour because  
of migraines. After one treatment  
they were gone.

---

Signature \_\_\_\_\_

Date \_\_\_\_\_

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

REHABILITATION SPECIALIALISTS OF MONROE, P.C.

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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

I haven't had a head-~~ache~~ ache  
since Stephanie worked on  
me last 1-26-04

Nola Shukait

---

Signature and Date

Nola Shukait

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

REHABILITATION SPECIALIALISTS OF MONROE, P.C.

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876 Stewart Rd. - Suite D

Monroe, Michigan 48162-4226

Ph: 734-241-0560 Fax: 734-241-3230

SUCCESS STORY

Please write, in your own words, what your success here has been:

I called earlier today for treatment of a  
migraine headache.

After the treatment, I felt alot better.  
Thank you for seeing me on short  
notice and greatly helping me.

Gayle W. Mazur

2-10-04

Signature and Date

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

REHABILITATION SPECIALIALISTS OF MONROE, P.C.

Keith R. Barbour, D.O., F.A.A.P.M.R.

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Ph: 734-241-0560 Fax: 734-241-3230

SUCCESS STORY

Please write, in your own words, what your success here has been:

I have had very bad migraines,  
coming here has helped so much,  
its all most like magic!

Thank You so much!!

---

Signature and Date

Theresa Lowe

3/12/04

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

Tonight I came in with a headache front and back, when I left ~~allison~~ had taken it away with her special techniques.

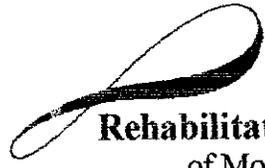


---

Signature and Date *Jernetta L. Smith* 4/1/04

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



**Rehabilitation Specialists  
of Monroe, P.C.**

Keith R. Barbour, D.O., F.A.A.P.M.&R., F.A.O.C.R.M.  
Jagdish H. Karamchandani, M.D., P.T.  
876 Stewart Rd. Ste. D  
Monroe, Michigan 48162  
Phone: 734-241-0560 Fax: 734-241-3230

**SUCCESS STORY**

Please write, in your own words, what your success here has been:

Head and neck pain was on a  
scale of 8. after treatment pain  
scale of 5.

I feel good, I just want to  
take a nap.

Signature Jan Colton

Date 4-27-04

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

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Monroe, Michigan 48162-4226

Ph: 734-241-0560 Fax: 734-241-3230

**SUCCESS STORY**

Please write, in your own words, what your success here has been:

My Headache is gone!"

Thank you!

---

Signature and Date

*Rena Sanford*

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

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SUCCESS STORY

Please write, in your own words, what your success here has been:

I definitely felt a difference after  
one treatment. That <sup>constant</sup> headache was gone  
for more than a day.

---

Signature and Date

*Shirley Savage*

9-9-04

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

*J*

**REHABILITATION SPECIALIALISTS OF MONROE, P.C.**

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Monroe, Michigan 48162-4226

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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

Dr. Barbour worked on me for 10 minutes. I had a bad headache + neck pain! He took it away!

Thanks!!  
😊

---

Signature and Date

Cheryl Muller

6-7-04

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

✓

To Rehabilitation Specialists of Monroe

I wish to share the results of my treatments with others through your "success story" program.

Living with constant pressure at the base of my skull had become something I expected to have with me always. It was a consequence of a severe horse-back riding accident. Treatments at that time had allowed me to move my neck again, but the pain at the base of my skull was a constant, heavy reminder of my past exploits.

\* Much is my amazement & joy to now have relief. After several manual therapy treatments of Dr. Barbours care I have been pain free in my neck for over two years now. I am very thankful & hope that many others will recognize the benefits of this type of treatment!!

Sincerely,

Ann M. Vajner

09/10/09

This experience may be reproduced & displayed with my name.



**Rehabilitation Specialists  
of Monroe, P.C.**

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Ateeq K. Rehman, M.D.  
Reuben S. Henderson, D.O.  
876 Stewart Rd. Ste. D  
Monroe, Michigan 48162  
Phone: 734-241-0560 Fax: 734-241-3230

**SUCCESS STORY**

Please write, in your own words, what your success here has been:

Today's visit was very helpful, my  
Headpain is much improved after Dr. Barbour  
gave me the Uncle Fester treatment.

---

Signature Muhule P. Olen Date 2-1-05

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

JL



**Rehabilitation Specialists  
of Monroe, P.C.**

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**SUCCESS STORY**

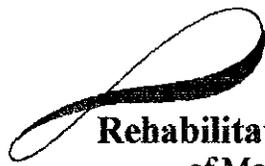
Please write, in your own words, what your success here has been:

Dr Barbour, Thank you for  
making me feel 100%. Better  
the Headaches & dizziness  
are all gone!  
Thanks  
Jue

Signature Jue Hudkins Date 4/14/5

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

I went to therapy on 4/2/03 and I had a really bad headache on the left side of my head.

After Greg worked so hard, and he got rid of my headache, and when I left from therapy, I felt like a new person!

---

Signature Brenda Ellison Date 4-3-03

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



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Monroe, Michigan 48162

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## SUCCESS STORY

Please write, in your own words, what your success here has been:

Thanks to Cheryl, Tim and Dr. Rehman.  
Each of the techniques you used  
helped alleviate my neck and headache.  
You helped me get through the  
day and continue to help our  
patients.

Thanks again!

Signature Jessie Hunt Date 5-12-2005

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



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Monroe, Michigan 48162  
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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

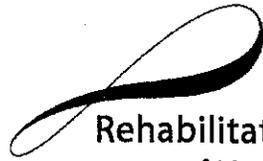
I had a terrible headache when I went to therapy. Greg worked on my head and neck, and when I left, my headache was gone! Better than that: It didn't come back!

---

Signature Mary M. Hayter Date 7/20/05

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



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Reuben S. Henderson, D.O.  
975 S. Monroe St., Ste. C  
Monroe, Michigan 48161  
Phone: 734-241-0560 Fax: 734-241-3230

### SUCCESS STORY

Please write, in your own words, what your success here has been:

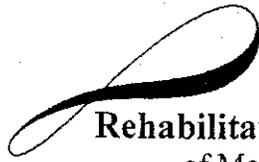
I came in to the rehabilitation specialist after having severe headaches & neck pain. On one of my visits with Erin she was able to alleviate all my aches & pains. Since then I've had no more headaches & along with the help of the other great therapists I'm feeling so much better & can only think with regular visits, I will be healed completely. I would recommend these services to any one else who are experiencing any body aches or pains.

---

Signature Barbour Date 4/12-06

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



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**SUCCESS STORY**

Please write, in your own words, what your success here has been:

*I'm not getting as many headaches.*

---

Signature *Mckenna Klemm* Date *NOV 21, 2005*

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

*Misty M.*



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## SUCCESS STORY

Please write, in your own words, what your success here has been:

Thank you so much for relieving  
my headache and tension /unclashness  
you are so caring, genuine and  
such a good person. There is remarkable  
in medicine today.  
Thank you so much.

---

Signature Beth McDonald Date 5/23/06

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

The Next Step • Rehabilitation Specialists

## SUCCESS STORY

Please write, in your own words, what your success here has been:

Jamaal worked on my head  
and it was awesome! My  
headache went away within  
minutes!

---

Signature

Date

3/2/07

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No



# Center for Progressive Health & Wellness

## The Next Step • Rehabilitation Specialists

### SUCCESS STORY

Please write, in your own words, what your success here has been:

I was scheduled for an appointment with Dr. Barbour on Friday, May 21, 2010. 30-45 minutes prior to my appointment, I began experiencing symptoms indicating that a migraine headache was eminent. I have been plagued with migraines for many years and know that my symptoms indicated that a serious headache was eminent. I normally take cimetrix at the onset of a headache but had no medication on hand. I was tempted to cancel my appointment because I was concerned about driving but needed a prescription refilled so I kept the appointment. Dr. Barbour was able to relieve my symptoms and alleviate my headache in less than ten minutes. I left your office in absolute amazement! The headache did not return and I am still astounded!

Thank you Dr. Barbour!!

Signature Deborah A Darcy Date 5/25/2010

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No

Condition Headache Method of Treatment OMT



# Center for Progressive Health & Wellness

## The Next Step • Rehabilitation Specialists

### SUCCESS STORY

Please write, in your own words, what your success here has been:

The Next Step is the best Step!

I've been seeking pain relief for 2 years after a diving accident. Drugs were not an answer for me as they made me feel like a zombie & blurred my vision. It was as though I was here, but not really here - just watching as if life went on before me. I decided to go off the drugs.

After the last treatment I went home and slept about 4 hours - was up for a few hours & then slept for the 1st time in 2 years. All Night Pain Free!!

It's been 2 months now & a lot of the pressure in my head is gone and I've been able to sleep pain free more often. I've been able to increase my regular daily activities more and I feel like living again.

About a week ago to my surprise, I looked into the mirror & I realized my eyes were green again, after being grey all this time that may sound like a small thing, but to me it's like my life & being is coming back to me!

THANK you to the Doctors, Therapist & Staff, for listening and addressing my concerns about my health

and for making me feel alive and in much less pain!

Signature Dianne L. Harig

Date 6-26-07

Sincerely,  
Dianne  
Harig

May we reproduce and display your experience?  Yes  No

May we use your name with it?  Yes  No